

## Book Club Questions for Discussion

### *Not a Blueprint It's the Shoe Prints that Matter* *A Journey Through Toxic Relationships*



#### Set 2 (Optional Questions)

1. What was your experience like with this reading? What drew you into the story . . . was it the writing, the characters, both, or neither?
2. The author reveals the toxicity she witnessed during her growing up years. Do you think those actions affected her in the adult stage of life? In what way?
3. Were there any passages you found specifically profound, emotional, interesting, amusing, surprising, rewarding, fulfilling, or elevating? Why that particular passage(s)?
4. Did you find the story educational, enlightening, humorous, or neither? Why?
5. How do you think this story plays out in today's society?
6. Does this story leave you with something to think about in general? What?
7. After reading, does your opinion change any about its title?
8. If there was a message you were required to place behind this story, how would it read?
9. Every book should have a purpose, a reason for existence. What was the most likely reason the author wrote this book?
10. The author evidently took on the role as a caregiver. Have you ever had to become a caregiver for a family member or friend? How emotional was that for you? Do you think there's a certain skill required for this role?

11. Would you read more of this author's work, in the future? Why?
12. Was the story too personal or too strong? Why?
13. If you were asked to be Ghostwriter, what advice would you give this author in writing her story?
14. Do you think you could have openly exposed such a journey?
15. In Chapter Seventeen, the author mentioned how painful it was to share that part of her journey. What emotional feelings (if any) erupted for you after reading either of these passages?

*As her temperature rose to 108 degrees, she cried out: "Mommy, I don't care anymore. So many things wrong with me — bumps under my neck and arms, sores on my back, I'm falling apart. I don't care if I never get out. Just let me die here. Mommy, I'm serious."*

*Or*

*She cried out, "No Mommy, Tuesday, Thursday is too long!"*

16. After reading this story, what adjectives could you use to characterize the author? In each chapter she identifies lessons learned; did you gain an insight from the chapter(s)? Pick two chapters then name at least two lessons (from each) you found of importance?



**Wrapping up: If you met this author in person, what would be the one question you'd like to discover?**

**The author is available to chat with book club groups as well.**

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