

Book Club Questions for Discussion

Not a Blueprint It's the Shoe Prints that Matter *A Journey Through Toxic Relationships*



Set 1

1. A title and the subtitle should be a good match for any book cover representing a story. Do you think that was the case with this storybook? Was there anything in particular that captured your interest about the cover design?
2. There are several incidences where the author uses the word *toxic* when telling her story. When you hear that word, does it spark any emotions for you? Can you think of anyone inside your circle that may suit the term?
3. Throughout the story, the author transitions its readers to the next chapter by having them take a walk via the shoe prints. What thoughts do you have on that approach?
4. Do you think this was a story for a memoir or autobiography? Why?
5. What other Genres can be used to categorize this book under besides self-help?
6. This story was definitely presented in raw form. How do you feel about the way this author opened up to the readers and exposed their journey?
7. At any time, did you admire or detest the author? Why?
8. Which descriptive characters did you embrace the most or least? Why?
9. In what particular narrative style, does the author present her story? Why was it the most effective form to use?
10. How effective were the development of the characters and scenes?

11. During the journey, the author mentioned losing faith in her religious beliefs. How important was it for the author to maintain a spiritual grip on life?
12. At any point, did it appear you were walking alongside the characters or a particular moment in a scene? Explain.
13. In the back matter, the author provided suggestive reading materials. Would this group read any of the suggested topics? Why? Can you think of any other Appendixes that could have been most valuable? If so, identify at least two.
14. Is this author's storybook a good mix for today's society? Why?
15. To undergo a loss in any form can be heartbreaking. Have you encountered such an experience? What raw emotions did you incur as a result?
16. Did you gain a lesson after reading this author's story? What was it? And how is it important?



Wrapping up: If you met this author in person, what would be the one question you'd like to discover?

The author is available to chat with book club groups as well.

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